

What Is Claimed Is:

1. A shield for electromagnetic radiation comprising an electrically conductive material configured as at least a portion of said shield, said electrically conductive material comprising,
 - An electrically conductive polymer
 - An electrodeposit growth rate accelerator.
2. A shield according to claim 1 wherein said electrically conductive polymer comprises an electrically conductive filler.
3. A shield according to claim 1 further comprising a metal-based electrodeposit.